

Grouse Mountain Day Quilters Guild



November 2025 Newsletter

President's Message

Gayle C

I'm always amazed at how quickly each day, week and month goes by... and here we are only 44 days til Christmas! However, when I look back at my calendar, I wonder how I fit in so many things!

Life is short and so much to do!

I hope that I am not the only one who finds balancing family, friends, appointments and preparations for upcoming events sometimes a bit hectic!

Recently I attended the White Rock Retreat with 9 other ladies, which was a wonderful 'holiday' away from usual routine. A beautiful location for refreshing body and mind, while sewing to our hearts content! I highly recommend going to a Retreat when you can... such as the one coming up at Sechelt in March! The time spent sharing this quality time, doing something you enjoy is priceless... and productive!

With our upcoming Quilt Show & Craft Fair, and then Christmas, everyone was as busy as Santa's elves working on projects that can be proudly given, sold or cherished. Fall is definitely here, and the days seem shorter with the early darkness. Lots to look forward to, and much to look back on.

But, being thankful is what I am... for having a life that is full!

Gayle

Upcoming Meetings

Date: November 20

Meeting Location:
*Lions Gate Community
Recreation Centre*

Room: Canyon Room

**Venue Address: 1733
Lions Gate Ln, North
Vancouver, BC V7P
0C7**

EXECUTIVE

President Gayle C

Program Margo N

Treasurer Wendy L

Membership Kathy F

Secretary Kathy Mc

Library Jacquie M

Newsletter Barbara M

Program

Margo N

This month Ginger Deverell will be joining us. Ginger is an artist, illustrator and fabric designer, living in New Westminster. She has just launched a lovely new fabric line called “Unicorn Dreams”, which is available at The Stitchery, Fabricana, Cozy Cottons, Dressew and The Cloth Shop. Ginger will tell us about her process (how to go from pen and paper to fabric) and then lead us through a hands-on collage project.

For this project, **PLEASE BRING A PAIR OF FABRIC SCISSORS.**

November is the last month to register any UFO's you would like to complete by next June. Be sure to bring a loonie or twoonie when you sign up with Gail M.

The December meeting is our potluck and the anonymous Xmas Gift Exchange. If you missed signing up for the exchange last month and are interested, please feel free to participate – the more the merrier! The gift should be handmade and something that you yourself would be happy to receive.

Following the success and popularity of the recent Poppy workshop with Carola, the Executive would like to sponsor more workshops for members. To do so we are looking for one or two volunteers to take this on. Workshop Co-ordinator(s) would work with Programs but would not need to sit on the Guild Executive. For further discussion (and hopefully some volunteers) at the meeting ...

November 15th is our “Small Quilt” show at the Rec Centre in conjunction with the Christmas Craft Fair. Hope to see you there between 10:00 a.m. and 2:00 p.m.

The free **seasonal pattern** this month is **Crisp in the Fall**. Information at the end of the newsletter.

Margo N

Comfort quilts

Trish V

Comfort quilts is moving along nicely, and I really appreciate the quilts being handed in at the meetings. I have about 20 that I will distribute soon. I can also take quilt tops if you would like help with the quilting. I have a bunch of mystery quilt bags for pick up at meetings too.

We have a pressing problem as we will be looking for new storage space on the North Shore in the new year. Unfortunately Lois will not be able to store our stash when she sells her home. The good news is that the stash is now very organized. We will need about 10ft X 3ft along a wall. (see photo) Please contact me if you have a little space in a garage or basement.

We are actively trying to reduce the volume of our stash before Lois moves. We will be having 'garage sales' of some of the fabrics in the spring. Meanwhile you are welcome to arrange a 'shopping' trip with me if you are looking for backings, either for your own quilts (\$10/m) or for comfort quilts. The money collected will be put towards our next roll of batting.

Trish V



Other News



Christmas Craft Market
Calling All Vendors!

Saturday, November 15
10:00 AM to 2:00 PM

REGISTER

AT: LIONS GATE COMMUNITY RECREATION CENTRE
1733 LIONS GATE LANE, NORTH VANCOUVER

FOR MORE INFO:
MARALYN@CAPSERVICES.CA

EARLY BIRD PRICE: \$50 for a 6-foot table, and \$35 for a card table
Early bird offer is valid until October 31st at midnight.
Starting November 1st, the cost is \$60 for a 6-foot table, and \$45 for a card table
<https://form-can.keela.co/christmas-craft-fair-2025-vendor-registration-form>

CAPILANO COMMUNITY SERVICES

The poster features a festive winter scene with snow-covered evergreen trees, a wooden cabin with a red roof, and several people in holiday attire. A sign on the cabin reads 'MERRY CHRISTMAS' and another says 'HAPPY HOLIDAYS'. The background is dark green with white stars and a yellow star at the top.

This is the craft fair at our community centre

Show and Tell

Cookie Tins







Poppies Workshop



Show and Tell



Retreat

The Whiterock Retreat was attended by 10 ladies and it looks like a very productive retreat indeed. I am sorry I missed it.



Final Words

As Gayle said at the beginning of the Newsletter, it has been a really busy month and will continue to get busier until the end of the year. I thank the ladies at the Whiterock Retreat for their card. It was a lovely surprise.

I am trying out a new way to attach the monthly pattern to the Newsletter and keeping my fingers crossed. If it works it will make the newsletter longer than usual. So if you print out the newsletter, this may be inconvenient for you. I am open to any suggestions which you can send me by email, or keep until the Guild meeting, which I am hoping to attend.

Hope you have enjoyed the read. Don't forget the pattern at the very end.

Barbara M

Bakers

Shelley M.

Lois L.

Joyce P.

Pattern of the Month

Starts next page.

Crisp in the Fall

Wall Quilt Measures 18" x 27"



MATERIALS

½ yd – tone on tone cream (background)
½ yd – print (backing + hanging sleeves)
4" – tan/white stripe (binding)
Assorted print fabrics in brown, red, orange, yellow.

½ yd - fusible light weight pellon
Fusible paper (eg heat n bond or vliesofix)

Perle 8 or Embroidery Floss
Crewel needle size 7
Pigma Pen or Blue water soluble pen or pencil

Matching threads for machine applique.
Neutral thread for quilting

Sewing machine
Cutting mat, rotary cutter, ruler
Iron and ironing board
General sewing supplies

CUTTING

Cream tone on tone:

Cut a piece measuring 18" x 27" for the background.

Backing Fabric:

Cut a piece measuring 20" x 30"
Cut (2) 6.5" squares

Tan/White Stripe Fabric:

(2) 1 ¾" x WOF (binding)

APPLIQUE (Preparation)

Draw the tree trunk to the back of *fusible paper* and cut approximately ¼" outside of the drawn lines.

Fuse the tree trunk to the back of the brown print fabric. Cut it out directly on the drawn lines. Remove the backing paper and lay out the tree (to the left side of the background fabric) ensuring there is enough space on the right side for the embroidered words.

Fuse into place with a hot, dry iron.



EMBROIDERY

Transfer the embroidery words to the lower right side of the background (in the large empty space).

* The font has been updated to Alex Brush Sz 110

[DOWNLOAD & PRINT EMBROIDERY HERE](#)

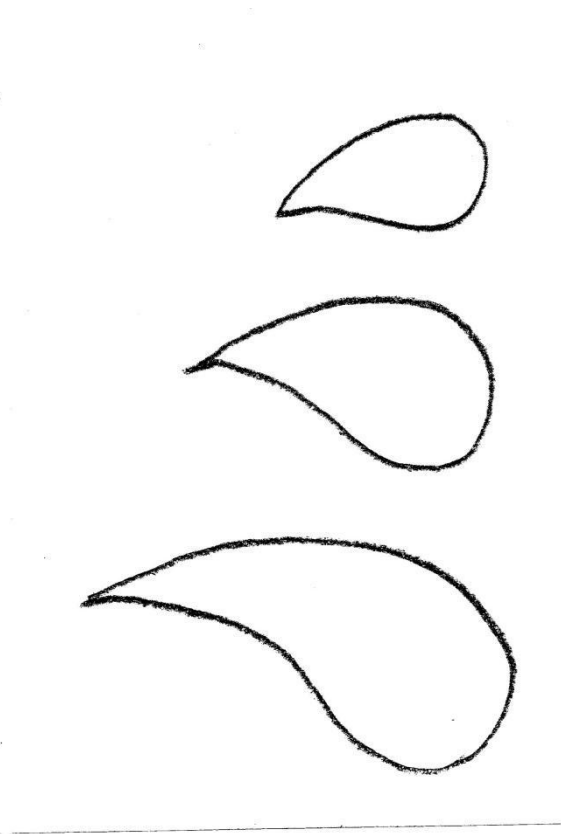
Press the fusible pella to the back of the quilt top.

Trim to size.

Use the (3) strands of cotton floss or the Perle 8 cotton to stitch the words. Use backstitch and French knots for the dots. Once it's complete, press lightly with a warm iron.

* Using a large embroidery hoop will help the stitches sit evenly on the fabric *

Glue baste the backing fabric to the back of the quilt or hold the layers together with a few safety pins.



APPLIQUE LEAVES

The leaves will vary in size and placement, so trace approximately 80 leaves and fuse to the back of the red, orange and yellow print fabrics. Cut along the drawn lines and remove the backing paper. Place the various leaves around the tree branches until you are pleased with the layout. Cut and fuse more leaves if necessary.

When you're pleased with the final layout, fuse all of the leaves in place following manufacturer guidelines.

Use a machine foot with an open toe for better visibility - reduce the stitch length to 1.8-2.0 and sew slowly and steadily along the outer raw edges of the print fabrics with matching cotton thread. Sew around the edge 2 or 3 times as close to the edge as possible without going over onto the background fabric.



QUILTING

When all of the shapes are appliqued, quilt with a free motion design. I quilted a meandering design all around each shape, without sewing over the top of the applique pieces.

HANGING SLEEVES

Fold the 2 x 6.5" squares in half diagonally to create 2 triangle shapes. Press well.

Line the raw edges of the triangle shapes to the 2 top corners at the back of the quilt.

Pin these in place, but not too close to the edge. The hanging sleeves will be sewn down when the binding is attached in the next step.

BINDING

Join the binding strips together end to end with 45-degree seams, then trim the seams and press them open.

** Starting about 3" from the bottom corner of one side of the quilt and leaving a tail for joining, sew the binding to the right side, mitring the corners as you go.

Stop approximately 8" from the starting point. Join the ends of the binding neatly with a 45-degree seam, trim the surplus and finish sewing the binding to the pillow.

Turn the quilt to the back, fold and slip-stitch the binding in place along the seam-line.

** I use a 1/2" seam when sewing the binding as I like the look of the wider binding.

