

Grouse Mountain Day Quilters Guild



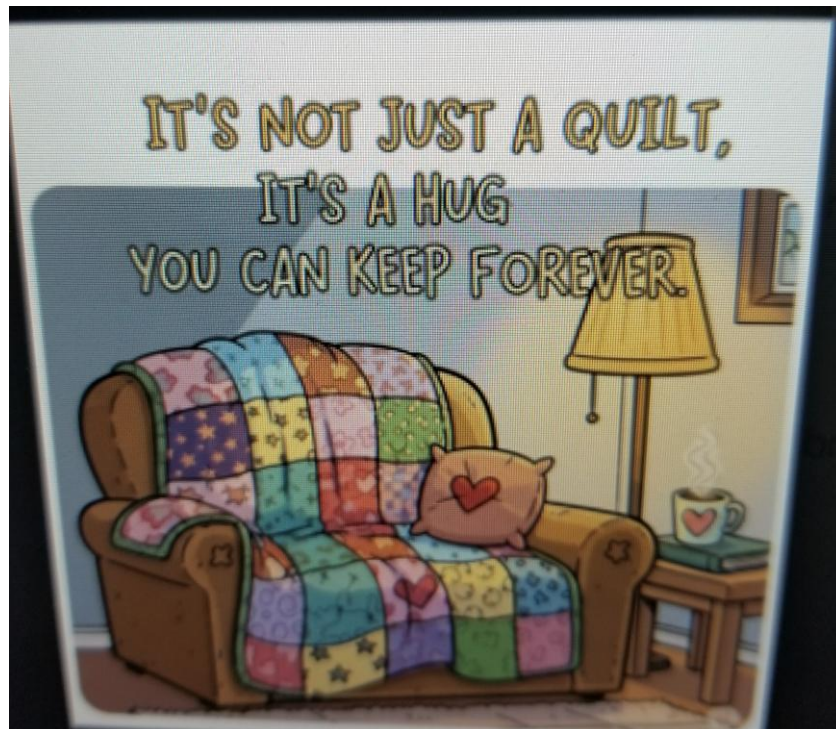
September 2025 Newsletter

President's Message

Gayle C

So here it is September again!
How time has flown... which means we've all been having fun, right?!
As the new president of our busy and productive guild, I hope to do an adequate job for us all.
Wendy may be small, but she's left big shoes to fill! Thank you for your example of how to do this role.
I'm looking forward to working with our executive, made up of new and returning members, as well as with Austin from the Centre.
Here's to a fun and inspiring year of friendship, fun and creativity!
Sew on, ladies!

Gayle C



Upcoming Meetings

Date: September 18

Meeting Location:
*Lions Gate Community
Recreation Centre*

Room: *Canyon Room*

Venue Address: *1733
Lions Gate Ln, North
Vancouver, BC V7P
0C7*

EXECUTIVE

President Gayle C

Program Margo N

Treasurer Wendy L

Membership Kathy F

Secretary Kathy Mc

Library Jacquie M

Newsletter Barbara M

Program

Margo N

To start off this season's programs, we have invited Louise Lydon, from Vancouver Coastal Health's OASIS program for an informative talk about ways of preventing and dealing with osteoarthritis, with specific focus on the hands. Many of us are already dealing with this challenge and Louise will be able to answer questions you may have. **Her presentation will last about 2.5 hours so please come to the meeting early to we can start the meeting promptly at 9:30.**

We would like to organize another **UFO challenge** this year - it always seems to be a good impetus for some of us to finish off those projects which never get completed - so we will be asking for a volunteer coordinator at this month's meeting.

Since few members participated in the monthly Fat Quarter Draw this last year, the draw is on hold for the time being.

Please ensure that all **"Cookie Tins"** are returned to **Gayle C** this month. The tins will be returned to their owners for the big "reveal", which will be our Show and Tell at the end of the October meeting.

It is not too late to participate in the **"Small Quilt Challenge"** - a great opportunity to show off your creativity! The theme is "Fall". For a toonie, you can purchase the small piece of fabric which needs to be used on the front of your quilt. Please note, it is not necessary to make a quilt sleeve, or tabs for hanging the quilt, but we do need your name on the back. Quilts need to be completed for the October meeting so that they can be entered for display, in the Small Quilt Show in November. And, don't forget, there will be a prize for "Members' Choice"!

Speaking of the **"Small Quilt Show"**, it will be held in conjunction with the Christmas Craft Sale at the Rec Centre on November 15th. This is a an opportunity for the Guild to showcase the creative talents of our members and to potentially entice new members to join us. It is also important that we demonstrate to Capilano Community Services our appreciation and support of its program. So over the next few months please consider which of your "small" quilts you would like to enter into the show (in addition to the Challenge Quilts).

As previously mentioned, the Guild has proposed to sponsor a table at the Capilano Community Services "Christmas Craft Sale". We hope to have sufficient participation in the sale for it to be worthwhile, keeping in mind that it is also an opportunity for the Guild to attract potential new members. 100% of sales will be paid directly to those participating. We will have a sign-up sheet at the meeting in order to determine whether there will be sufficient participation, and whether or not, to proceed with the sale table.

This month's free pattern is called **"Tumbling Leaves"** - a Fall theme in table runner and throw quilt sizes, using 1/2 square triangles. I also came across a **handy cutting chart for flying geese** from the German designer, Brigitte Heitland, which is included at the end of the newsletter.

Treasurer

Wendy L

Welcome back to another guild year. I'm taking on another hat this year as your treasurer and will do my best to keep you informed about the guild finances. Please be patient while I'm learning the ropes.

Our AGM will be held in October where the budget for 2025/2026 will be presented for your approval. Some members have decided not to renew their memberships this year. For that reason and because of the increasing costs we are all seeing, the executive has decided to maintain our membership fees at \$75. Thanks to all who have already paid your dues, and a friendly reminder to others to pay by cheque (mail to me or bring to the September meeting) or e-transfer(treasurerumdqg@gmail.com).

I look forward to seeing everyone at the meeting.

Wendy L

Comfort quilts

Trish V

Welcome back to another year of sewing! Here is an update on our comfort quilts program. I have purchased new labels and a roll of batting from our budget, the rest will be used for blender and solid fabrics.

We do have a healthy amount of prints in yardage stored in Lois' garage. We also recently recieved a generous donation of 2 bins of quilting fabric from a friend who is moving back to the UK. Please contact me if you would like to check out the store.

We gave away over 90 quilts in the last quilting year, from the past two years of sewing. We look forward to making more in the coming year.

Now that we have worked through some of the random fabric, slab blocks and precut squares I am looking for a group of 3 or 4 quilters who would be interested in making up kits?

I will still have some mystery bags and block sewing to distribute at meetings but I am aware that some members prefer to have kits.

As usual please contact me for backing and batting a week prior to each meeting so that I can bring it with me.

Trish V

Membership

Kathy F

Thank you to everyone who has paid their membership for this year. We're looking forward to a great year of quilting activities. If you have not yet paid and are planning on rejoining, please send an e-transfer of \$75 to treasurergmdqg@gmail.com. If you prefer to pay by cheque or cash, please bring it with you to the September meeting. If you do not plan on rejoining this year, kindly send an email to kathyflood@shaw.ca so she can update the membership list. Looking forward to seeing everyone in September!

Kathy F

Library

Jacque M

Good News! The library books have all been renumbered and organized by subject.

A list of the books in the library will shortly be available on our website. If you see a book you would like to borrow, as of October 1, you can email the title to me and I will have it ready for you at the next meeting.

As I will be away in September the library will not be open for you to puruse until our October meeting.

I hope you have had a wonderful summer and I look forward to seeing you all in October.

Jacque M

Member's Request

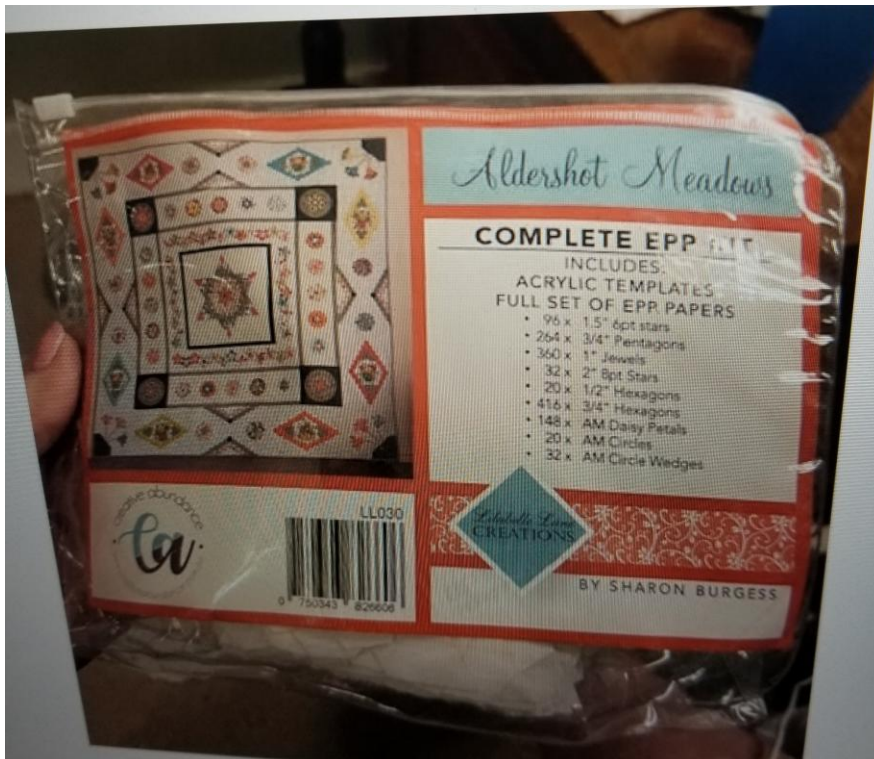
1) Gayle C, please contact if interested

Selling Sewing Machine Bag as photos attached show. ... brand new, for large machine & accessories. Retail for \$650. Selling for \$250 or Best Offer!



2.

Kathy A. asked if anyone has the pattern for these paper pieces? Please contact her if you do.



Other News




VERNON SILVER
STAR QUILTERS

2025 QUILT SHOW

Quilters Are Piece Makers

Friday, September 26 | 10am - 5pm
Saturday, September 27 | 10am - 4pm

Show Admission \$10.00 per person

- ▲ Merchant Mall
- ▲ Bed Turning
- ▲ Gift Shop
- ▲ Refreshments

Vernon Recreation Centre | 3310 37th Avenue, Vernon

Exclusive Ticketed Event
Friday, September 26 | 7pm - 9pm
Saturday, September 27 | 8am - 10am
\$15.00 per person (includes show admission & refreshments)
Advance ticketing required

For ticketing and more information visit www.vssq.org



SCAN HERE




COMBES VALLEY
SCHOOLHOUSE
QUILTERS' GUILD

Quilt & Craft SALE

FRIDAY, NOVEMBER 7 1 pm - 6 pm
SATURDAY, NOVEMBER 8 10 am - 3 pm

Courtenay Lawn Bowling Club
2361 Kilpatrick Ave. Courtenay, BC

Open House
Visit the Schoolhouse Quilters in action!
Drop-in for a tour of the venue, ask questions, and meet fellow quilters.
Thursday, November 13
10:00 am - 6:00 pm
Bushman Hall, 2676 Dufferin Ave.
Cumberland, BC

Quilt Raffle
Prizes include four different handmade quilts and one quilted travel bag.
Draw on Saturday, November 8
Tickets \$2 each.

FREE ADMISSION!

www.schoolhousequilters.com



STITCH & BOBBIN, ALONG WITH TROLL BROTHERS QUILT SHOP

VISIT OUR POP-UP SHOP

Sept 12th & Sept 13th



 FRIDAY 10 AM - 6 PM
 SATURDAY 9 AM - 4 PM
 COMFORT INN & SUITES
 8255 - 166 STREET
 SURREY, BC

Christmas Craft Market

Calling All Vendors!

Saturday, November 15
10:00 AM to 2:00 PM



REGISTER  AT: LIONS GATE COMMUNITY RECREATION CENTRE
 1733 LIONS GATE LANE, NORTH VANCOUVER
 FOR MORE INFO:
MARALYN@CAPSERVICES.CA



Early Bird Price: \$50 for a 6-foot table, and \$35 for a card table
 Early bird offer is valid until October 31st at midnight.
 Starting November 1st, the cost is \$60 for a 6-foot table, and \$45 for a card table
<https://form-can.keela.co/christmas-craft-fair-2025-vendor-registration-form>

This is craft fair at our community centre

Show and Tell

June's Show and Tell, **Our First and Last Quilts** was a wonderful demonstration of the creativity of our members. There were so many quilts shown that putting all the photos in this newsletter would fill about 12 or more pages! So for this month, they will only be available for viewing on the guild's website, www.grousemountaindayquiltersguild.org. Do go on the website and have a look.

Quilts of Valour

Wendy received a letter from Brenda Millar who is the Vancouver Representative for Quilts of Valour. The quilts was presented to an army veteran.



Final Words

I hope everyone is ready to start a new year of guild quilting. My summer was really busy with family and I am looking forward to the calm that comes when I lock myself in my sewing room and stitch away. There are so many new teachers that will be presenting to our guild I am looking forward to all the new tidbits I will pick up.

And for those of you who do EPP, I received this info for a **Canadian** source! I have used this store on line and they are really helpful and carry a wonderful range of fabrics and kits. Sorry I couldn't copy their poster with all their info on it.

EPP templates cut on site in **St Marys ON Canada!!** Hyggeligt.ca is the website for this wonderful fabric store.

We do!!

We laser cut paper hexagons, pentagons, squares, diamonds, houses and yes coffins too!!

And we can also cut your acrylic templates; whole, windowed, 1/4" or 3/8" seam allowance - your choice.

Don't see what you need, drop us a line, we can probably do it!!

We'd love to be your Canadian choice!

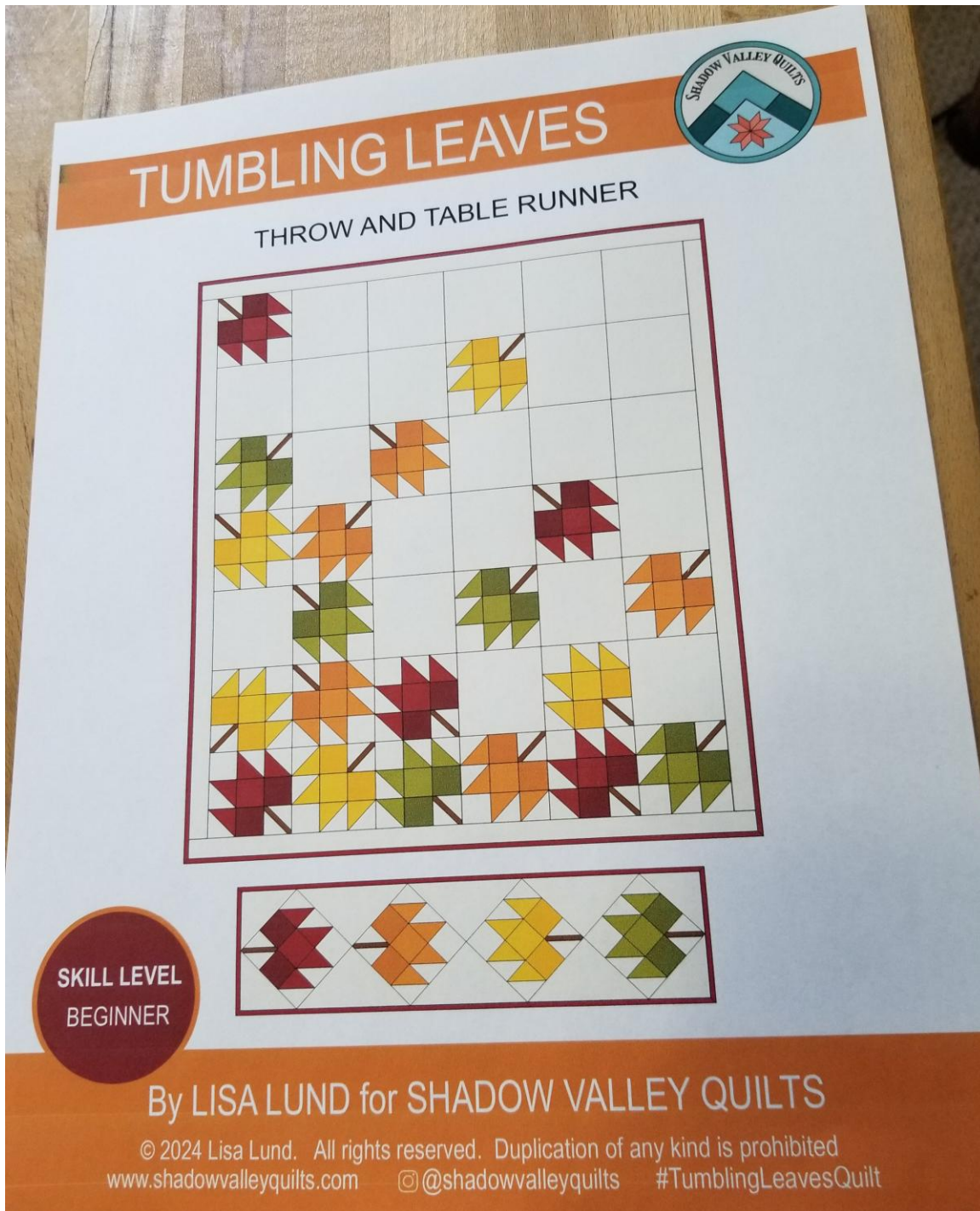


Hope you have enjoyed the read. Don't forget the pattern at the very end.

Looking forward to seeing you all at the meeting.

Barbara M

Pattern of the Month



There are 8 pages of well illustrated instructions for this pattern. I will have a copy at the meeting should you like to see it. If you are interested, it can be found on her website at the bottom of the photo above.

Flying Geese Cutting Chart

Flying Geese Cutting Chart

Finished Size	Goose	Wings (cut squares)	Goose plus extra for trimming	Wings plus extra for trimming (cut squares)
2" x 1"	2 1/2" x 1 1/2"	1 1/2"	2 3/4" x 1 3/4"	1 3/4"
3" x 1 1/2"	3 1/2" x 2"	2"	3 3/4" x 2 1/4"	2 1/4"
4" x 2"	4 1/2" x 2 1/2"	2 1/2"	4 3/4" x 2 3/4"	2 3/4"
5" x 2 1/2"	5 1/2" x 3"	3"	5 3/4" x 3 1/4"	3 1/4"
6" x 3"	6 1/2" x 3 1/2"	3 1/2"	6 3/4" x 3 3/4"	3 3/4"
7" x 3 1/2"	7 1/2" x 4"	4"	7 3/4" x 4 1/4"	4 1/4"
8" x 4"	8 1/2" x 4 1/2"	4 1/2"	8 3/4" x 4 3/4"	4 3/4"
9" x 4 1/2"	9 1/2" x 5"	5"	9 3/4" x 5 1/4"	5 1/4"
10" x 5"	10 1/2" x 5 1/2"	5 1/2"	10 3/4" x 5 3/4"	5 3/4"

www.briggiteholland.de

